

## **Public Service Announcement**

## National Immunization Awareness week: COVID-19 Vaccine is your best protection

Start Date: April 26, 2021 End Date: April 30, 2021 Nunavut-wide

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April 24 to April 30 is National Immunization Awareness Week in Canada. This week aims to bring awareness to both the effectiveness of vaccines, and the impact that immunization has on saving lives.

It is more important now than ever to recognize that vaccines are safe and are the best protection against severe diseases and illnesses, including COVID-19.

All Nunavummiut 18 years and older are encouraged to get the COVID-19 vaccine. Clinics are currently underway across the territory. If you missed your local clinic, or want to book an appointment, please call your local health centre.

Here are some other ways to help stop the spread of COVID-19:

- Cough or sneeze into your sleeve.
- Wash your hands often.
- Stay home when you feel sick.
- Don't share cigarettes or utensils.
- Wear a mask when you cannot maintain physical separation.

Although the COVID-19 vaccine is a popular topic of discussion, it is important to keep up to date on all vaccinations. Talk to your local health centre to ensure you are fully protected against vaccine-preventable diseases.

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